## Harmful algal blooms

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Phytoplankton or micro-algae play a vital role as primary producers in all aquatic habitats, but when their population overwhelms other forms of aquatic life, an environmental and economic impact is likely. Very prominent in coastal waters, this population increase or bloom formation generally discolours the surface waters to red, pink, brown, or white. It was red, when such an instance was first reported, and hence the phenomenon carried the name 'red tide' and is now also popularly called as harmful algal bloom. Bloom formation is a natural process and it enhances biological productivity, but turns worrisome when caused by toxic species, leading to massive fish mortalities and hazards to human health. Incidences of'red tide' are increasing in the Indian seas, particularly along the west coast. Reports on discolouration of waters accompanied by fish mortalities and nauseating stench sickening the people along coastal stretches are quite common. Incidences of paralytic shellfish poisoning are also hitting newspaper headlines. We summarize here some such instances that occurred along the west coast of India, and illustrate how these tiny microscopic forms suddenly grow into a disproportionate mass to draw global concern.

#### Introduction

The oceans and the seas teem with microscopic organisms called 'plankton', which include both zooplankton and phytoplankton. Most of the plant forms or 'phytoplankton' contain chlorophyll, a photosynthetic pigment that enables them to manufacture their own food, like any land plant. Though tiny in size, their overwhelming numbers, widespread distribution, and photosynthetic ability make them essential components of marine food web. The quantum of food

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or organic matter produced by these phytoplankton (by primary productivity) - ultimately determines the production of fish, prawns, mussels, or other seafood that we harvest. Despite being invisible, they play an outstanding role in scavenging atmospheric carbon dioxide and producing about 80% of the oxygen that we breathe. In short, they are essential in many ways to our existence.

What is puzzling is their sudden and explosive growth. The bloom can spread in a matter of days, and disappear just as rapidly. It is not yet clear as to what environmental make-up creates a favourable condition or triggers some of the species to such an explosive growth covering hundreds of kilometres. Several factors have been suggested to be the cause of increased bloom occurrences and their trigger, such as, an increase in anthropogenic (includes aquacultural activities) activities and natural nutrient enrichment of marine environment, transportation of exotic species and cysts, particularly of dinoflagellates via ship's ballast water, translocation of shellfish stock from one area to another, and ocean currents.

### Hazards caused by harmful algal blooms

Of the 5000 species of marine phytoplankton, only about 300 have been reported to form blooms while about 80 species have the capacity to produce potent toxins (Hallegraeff 1993). Since blooms cause discernible harm in one way or the other, they have been termed HAB (harmful algal blooms). Some cause massive fish mortality while others, when eaten by marine animals such as shellfish, enter the food web as toxins, proving dangerous to the humans and other animals. Some forms emit toxic aerosols as they decompose, causing respiratory problems. Marine biotoxins and harmful algae pose a significant and extensive threat to human health and fisheries resources throughout the world.

The damages or hazards caused by HABs are given below.

- Decaying of the bloom utilizes dissolved oxygen from the waters, creating oxygen-deficient condition (anoxia), leading to the death of fishes and invertebrates.
- Polymers secreted out into the surroundings by some blooms render the water viscous and make it too difficult for fishes to pump in water through their gills.
- Some species with spiny structures cause irritation to the fish gills and release mucus that damages the gills.
- Heavy blooms cause hindrance to fishing operations and their weight at times damages the fishing net.

But the real danger comes from the toxic forms. Often their toxins enter the food chain of clams, mussels, oysters, and scallops. The four major adverse effects caused by the toxins through shellfish are PSP (paralytic shellfish poisoning), DSP (diarrhetic shellfish poisoning), NSP (neurotoxic shellfish poisoning), and ASP (amnesic shellfish poisoning). Many toxins and their

Figure 1 Structures of typical toxins of harmful algal blooms

derivatives such as saxitoxins, gonyautoxins, neosaxitoxins, and brevitoxins have been isolated from shellfish and dinoflagellates. These toxins are considered to be the most potent non-proteinaceous lethal material. Chemical structures of some typical toxins causing illnesses are shown in Figure 1 and syndromes of the affected victims are listed in Table 1.

The presence of toxic species does not necessarily lead to a deleterious impact, as it requires a threshold population above which the effects are discernible.

A variety of toxins are associated with algal bloom episodes, many of which have been identified. They are reported to contain hemolytic, cardiotoxic, and anti-cholinesterase components (Mazumdar, Bupta, Kumar, ef al. 1997). The massive fish kills associated with Florida red tides are believed to result from the hemolytic fraction. Brevetoxin (PbTx-3) is believed to be responsible for the respiratory irritation associated with toxin inhalation (Baden, Fleming, and Bean 1995). Among all the neurotoxins, brevetoxins are considered to be an important group. The causative organism *Karenia brevis* (formerly *Gymnodinium breve*) produces a suite of 10 polyether neurotoxins that have been isolated in sea water blooms. They occur as intracellular toxins and can be released into the water (Pierce, Henry, Blum, et al. 2001). Brevetoxins cause massive fish kills and the filter feeders accumulate them resulting in NSP in

Table 1	Various	illnesses	caused	by	harmful	algal	blooms
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Syndrome •	Source	Symptoms	Causative species	Toxins produced
Paralytic shellfish poisoning	Clams, scallops, mussels, oysters, some coral reef gastropods and crabs, lobster	Life-threatening, tingling, numbness, giddiness, muscular paralysis, fever, possible respiratory arrest	Pyrodinium bahamense Alexandrium spp. Amphidinium sp. Cochlodinium sp. and Gynmodinium catenatum	Saxitoxin and its derivatives
Diarrhetic shellfish poisoning	Scallops, mussels, short-necked clams	Nausea, vomiting, diarrhoea, abdominal cramps acute gastroenteritis	Dinophysis spp. Prorocentrum spp.	Okadaic acid, Dinophysis toxin (DTXs)
Neurotoxic shellfish poisoning	Clams, scallops, mussels, oysters	Neurological symptoms, vomiting, diarrhoea, abdominal and muscular aches, dizziness, numbness and tingling of mouth and eye irritation	Amphidinium sp. Cochlodinium sp. Gynmodinium sp.	Brevetoxin
Amnesic shellfish poisoning	Clams, mussels, dungeness crabs, scallops	Nausea, vomiting, abdominal cramps, diarrhoea, chronic memory loss	Pseudo- nitzschia spp.	Domoic acid and derivatives

human consumers. They are also released as aerosols, causing severe respiratory irritation. The neosaxitoxin is one of the main toxins that cause life-threatening PSP syndrome. There is no antidote for PSP. Each year, about 2000 cases of PSP are reported globally with 15% mortality.

The phenomenon of 'phytoplankton bloom', 'red tide', or 'HAB' is episodic, spreading globally and causing enormous economic loss and human health hazards (Hallegraeff 1993; MacLean and White 1985; Smayda and White 1990). In the seas around the US alone, for example in the last two decades, the expansion of HAB has been altogether on a different scale: more toxic species have been identified and many new areas are being invaded. The adverse impact of HAB is estimated to cost 50 million dollars annually.

#### Transfer of toxins

The transfer of toxins takes place largely through the food web. Zooplankton grazing on phytoplankton play an important role. For a better understanding of HAB dynamics, it is important to study the preference of zooplankton for a particular phytoplankton. Besides the primary food web, toxins affect other trophic levels also; for example, birds or fish that generally do not feed directly on

phytoplankton are also affected. It is through zooplankton feeding on harmful algal species that the toxins get redistributed, firstly in their tissues, and then may be to the excreted faecal pellets that are important toxic vectors of the benthic food web. The fish feeding on benthic toxic algae transfer the toxins to the human consumers, resulting In ciguatera syndrome. Benthic cysts contain more toxins and are very potent (Anderson and Wall 1978). The responsible ciguatoxins have potency similar to PSP or NSP. Exposure to aerosolized red tide toxins also causes human health hazards. The exposure usually occurs on or near beaches with an active red tide blooms that release toxins into the water and into the onshore aerosol (Pierce, Henry, Blum, et al. 2001). The well-known lone diatom genus responsible for this is *Pseudo-nitzschia*.

### Blooms along the west coast of India

Compared to east coast, the west coast of India is known for its higher productivity, due to the frequent upwelling process, particularly in the southern region. A strong upwelling is regularly observed here during summer (Prasannakumar, Madhupratap, Dileep Kumar, et al. 2000) and the whole of southwest monsoon season, largely restricted to the shelf (Banse 1959). Upwelling is an important process in redistribution of nutrients in the oceanic regime. It causes profound increase in productivity of a region by increasing nutrient content in the euphotic zone. In the process, the cooler nutrient-rich waters from beneath are drawn upwards when strong winds push the warm surface waters away from shore. The plant life, particularly plankton, thrives here and not surprisingly such areas are associated with active fishery (Madhupratap, Nair, Gopalakrishnan, et al. 2001) and also regular occurrence of algal blooms.

It was, James Hornell who first recorded observations on algal bloom in the Indian waters, in 1908 (Hornell 1908). While cruising in the coastal waters of Malabar, he witnessed massive fish mortality, largely of sardines floating on the dark yellow coloured waters that contained plankton. But due to time constraints, he could not investigate in detail. However, in 1916, he found *Euglenids* and *Noctiluca* species to be responsible for such episodes (Hornell 1908, 1917). Since then, there have been several reports on various blooms, particularly from the west coast of India.

#### Trichodesmium and Noctiluca blooms

The two most reported blooms from the west coast are those of *Trichodesmium* and *Noctiluca*. Several freshwater species of cyanobacteria (to which the *Trichodesmium* belongs) are known to produce toxic substances, causing public health risk in drinking water reservoir. Some neurotoxic-like substances have been recently characterized from *Trichodesmium erythraeum* and *T. thiebautii* (Jackson, Carmichael, and Carpenter 2001) but literature on *Trichodesmium* bloom

particularly in the Indian seas still group them as non-toxic, which needs to be relooked. The aggregation of *Noctiluca* sp. is reported to produce toxic ammonium.

*Trichodesmium* forms extensive surface blooms and discolours vast regions of tropical and subtropical seas, with colours varying from red, brown, green, yellow, and silvery grey, depending on the age of the bloom and the concentration of the species. It occurs as a single filament or trichomes that are visible to the naked eye (1-10 millimetres in length) and is one of the conspicuous phytoplankton reported.

### Impact of bloom on fisheries

To illustrate a few examples, Panikkar (1959) furnished details on the mass mortality of fish in the Arabian Sea during 1955-58. He attributed this to the rapid increase in the population of *Noctiluca* and *Trichodesmium* during the months of June, January, and October. However, he could not establish whether the mass mortality observed in the region, particularly in longitudes 60°-64° E and latitudes 9°-22° N, was due to the planktonic bloom or the direct influence of upwelled oxygen-depleted waters. Nagabhushanam (1967), while reporting on the bloom in the waters of Minicoy Islands in the Arabian Sea, described the aggregation of Trichodesmium erythraeum filaments as unusually dense and extensive covering at least 35 square miles (90.6 square kilometres) around the Island. The sudden fall in the tuna catch in the month of May was attributed to the long duration of the bloom. Similar observations were made by Prabhu, Ramamurthy, Dhulkhed, el al. (1971) while carrying out experimental fishing operations along the Mangalore coast, at depths of 12-25 metres. They observed extensive greenish yellow patches of bloom formed by T. erythraeum. They did not find any discernible changes in the hydrological features of the surface waters but there was a complete absence of other planktonic species and the bloom had adverse effect on the oil sardines and mackerel fishery in general.

Several reports (Bhimachar and George 1950; Devassy 1983; Devassy and Sreekumaran 1987; Devassy, Bhattathiri, and Qasim 1979; Qasim 1970; Ramamurthy, Selvakumar, and Bhargava 1972; Thajuddin and Subramanian 2002; Verlencar 1978) also suggest an adverse effect on fisheries and other fauna. One obvious cause for this effect was high demand for oxygen by the bloom biomass, particularly during its decay phase. It exhausts dissolved oxygen from the surrounding waters, thus depriving it to the fish and other associated fauna. The *Trichodesmium* filaments have also been found to create a physical barrier to the fish and damaging their gills when they pump in filament-laden water.

Noctiluca blooms are known to occur along the southwest coast of India during the monsoon and post-monsoon periods but less frequently than the *Trichodesmium* blooms. N. scintillans, commonly called 'sea sparkle', is a single-celled heterotrophic dinoflagellate. When it forms bloom, the water is

discoloured pink or green. The reason for this variation in colour is not very clear. The green colour is said to be due to the flagellate endosymbiont Pedinomonas noctilucae harboured in the Noctiluca cell. The Noctiluca blooms are generally regarded as harmless, but there are occasional reports on fish mortality and reduced fish yields (Dharani, Nazar, Kanagu, et al. 2004; Eashwar, Nallathambi, Kuberaraj, et al. 2001; Katti, Gupta, and Shetty 1988; Matondkar, Bhat, Dwivedi, et al. 2004; Nayak, Karunasagar, and Karunasagar 2000; Nayar, Gupta, and Prabhu 2001; Naqvi, George, Narvekar, et al. 1998; Prasad 1953; Subramanian 1986). Though exact reasons are not known for this adverse effect, it is surmised that the ammonium build-up takes place when bloom biomass is very large, which gradually reaches a toxic level. Naqvi, George, Narvekar, et al. (1998) observed Noctiluca bloom off Kerala (from Cochin to Calicut) and also saw severe mortality of fish Nemipterus japonicus, but could not ascertain the ac-Navak, Karunasagar, and Karunasagar (2000) tual cause. mono-specific bloom of N. millions, off Mangalore during summer, which persisted for a week. However, bacteriological studies could not establish any relationship between the bacterial population and *Noctiluca* bloom. Matondkar, Bhat, Dwivedi, et al. (2004), while cruising on board FORV Sagar Sampada during satellite pass of the Indian satellite IRS-P4 during 2003 and 2004, observed an extensive Noctiluca bloom in the North-East Arabian Sea, that gradually extended westward towards Oman. This was confirmed from the time series generated from the OCM (ocean colour monitor) data on board the satellite for chlorophyll studies.

#### Toxic blooms

India is lucky that its waters are not frequently infested with HAB species as is the case in the Pacific coast or elsewhere, which leads to a huge economic loss and human health hazards. The dinoflagellate bloom of *Gonyaulax polygrama* observed in the vicinity of Cochin harbour during the International Indian Ocean Expedition (Prakash and Sarma 1964) was in fact the first case of toxic bloom in the Indian waters. The bloom was very extensive with cell density of 11 000 000/litre, but neither fish mortality nor destruction of other fauna was noticed.

During one of our recent cruises on board CRV Sagar Shukti during October and November 2004, while monitoring the coastal waters between Goa and Mangalore for HABs, we found a wide distribution of both dinoflagellates and diatom genera, prominently Chaetoceros, Coscinodiscus, Navicula, Rizosolenia, Ceratium, Gonylaux, etc., with higher densities in the waters between Coodapur and Mangalore. The waters here appeared more productive as evidenced by the frequent shoals of sardines and squids. Similar was the case with the Karwar waters (Figure 2).

The 1980s started witnessing the cases of PSPs, largely from the west

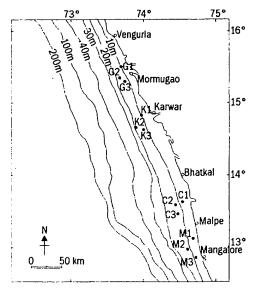


Figure 2 Bloom monitoring stations during cruise on Sagar Shukti-74

coast of India (Table 2). The report on the bloom of *Gymnodinium catenatum* was interesting as the authors for the first time made observations on cysts from the sediments, besides the routine observations of planktonic cells from the waters of Mangalore (Godhe, Indrani, and Karunasagar 1996). However, there was no toxic effect due to poor cell density. This incidence was followed by another PSP episode in 1997 that affected three coastal villages along the Kerala

Table 2 Some cases of toxic/harmful blooms along the west coast of India

Year	Bloom site	Causative species	Consequences	Reference
1983	Mangalore,	Species not identified	Several hospitalized	Karunasagar,
	Karnataka		due to the consumption of bloom-affected shellfish	Gowda, Subburaj, ecal. (1984)
1996	Mangalore, Karnataka	Gymnodinium catenatum	No toxic effect	Godhe, Indrani, and Karunasagar (1996)
1997	Kerala	Paralytic shellfish poisoning	Seven deaths, over 500 hospitalized following consumption of mussel, <i>Pcrna indica</i>	Karunasagar, Joseph, Philiposc, ct a\. (1998)
2001	Goa	Cochlodinium polykrikoides,	Fish mortality observed	Bhat and Matondkar (2004)
200-4	Kerala	Cochlodinium  polykrikoides /Karenia  brcvis	About 200 hospitalized, and large number offish kills reported	The Hindu (2004)

coast (Karunasagar, Joseph, Philipose, et al. 1998). A case of seven deaths and hospitalization of over 500 people, who had consumed bloom-affected mussel Perna indica, was reported. The surprising incidence was the bloom occurrence of a dinoflagellate, Cochlodinium polykrikoides in the Goa waters (Bhat and Matondkar 2004). This species hitherto unreported from the Indian waters is a known fish killer in Korean waters. In addition, during September 2004, a fresh case of bloom was reported from Kerala. A large-scale fish mortality in different coastal villages and hospitalization of over 200 school children due to illness caused by the nauseating stench from the bloom and putrefying fish was reported. The reports on the causative species varied as some suggested it to be Cochlodinium polykrikoides and others Karenia brevis {The Hindu 2004}. One thing is sure that the incidences of HABs are on the rise and it is time to monitor our waters regularly for HABs.

### Area needing attention

HAB has now become a global phenomenon, spreading across over 30 courts tries, India being one of them. Extensive surveillance programmes have been implemented in many countries to monitor HABs. The organizations involved in monitoring or marine research and industry are now well informed and have better facilities for research. Some are closely monitoring maritime activities as HABs may pollute the coastal waters. India, with 7000 kilometre coastline and fishing as one of the largest industries, has now realized the damaging effects of HABs. What is required now is networking of the existing institutions along the coast for research, monitoring, and outreach to ensure the safety of the life and the livelihood of the coastal population.

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